

VALUABLE GEM

SPIRITUAL BLESSINGS IN CHRIST JESUS

LESSON AIM:

By the end of the lesson, teens will:

(1) examine Paul's explanation of adoption by God through Jesus Christ; (2) express humility at God's affirmation of our worthiness; and (3) create a service of praise to God for the remarkable gift of God's adoption of us through Jesus Christ.

MATERIALS NEEDED

Bible, student magazines, pencils or pens, paper, television or screen to watch a video on adoption (<https://www.christianadoption.com/services.org/testimonials.html>).

OPEN THE LESSON

Ask your class what they know about adoption. If you do not already know, find out if anyone in your class has been adopted. Have willing students share their stories of adoption. Some students may have adopted siblings or other family members. Let students share what adoption means to them with the rest of the class. Watch the video from Christian Adoption Services.

PRESENT THE SCRIPTURES

In this week's Scripture passage, we discover the spiritual blessings as chosen by God. Paul's letter to the church in Ephesus is a message of hope and eternal perspective. In Christ, believers have confidence that God has chosen them before the foundation of the world. Paul is making a theological statement about the security that we have in Christ. Believers have been chosen by God to be adopted through belief in Jesus Christ. To be redeemed means that believers have been delivered from the bondage of sin, and this is truly a blessing. The blood of Christ washes away trespasses and bestows wisdom. Our

hope is continued because God will return to gather all who are in Christ. Therefore we praise God, who is worthy of praise and the source of our hope. We are valuable because we believed the gospel, thereby sealing our salvation by the power of the Holy Spirit.

EXPLORE THE MEANING

Have the students read out loud and discuss the story "Valuable Gem," the Scripture passages, and the Scripture Discussion. Then, have the students answer the questions in the Check It and Think It sections to make sure they understand the lesson. Talk to them about questions they may have about the passage. Discuss with your students how Shonda's story relates to this week's Bible passage. Ask them to explain the gem analogy and the gem activity in their own words.

NEXT STEPS FOR APPLICATION

Today's passage reminds students of the gift of salvation. Students have the unique opportunity to share God's love with others. We are called to remember the orphans and widows. What local group home or adoption agency can you partner with? Ask students to research local agencies and gather a "needs" list for those children. Make this organization a permanent part of your prayer for this quarter.

WORSHIP GUIDE

For the Superintendent or Teacher

Theme: Spiritual Blessings in Christ Jesus

Theme Song: "God Loves Me Dearly"

Scripture: Ephesians 1:3-14

Song: “When He Comes

Prayer: Dear Jesus, thank You for the blessed gift of salvation. You are great, and Your Name is worthy to be praised. In Jesus' name, amen.

FROM THE STUDENT MAGAZINE

Valuable Gem

Shonda sat on her bed with her mom, trying to hold back tears.

"Nobody asked me to the Winter Formal," Shonda said, sniffing. "Everybody else is going, but nobody wants to go with me."

"Oh, baby girl," Shonda's mom said, wrapping her arms around her daughter. "I want you to remember something, okay?"

Shonda nodded and laid her head on her mom's shoulder.

“You are very special,” Shonda’s mom said, smiling. “You are blessed to be a child of God.”

"I don't feel special," Shonda said. "I feel unwanted, like something is wrong with me."

“Even though some silly boy didn’t pick you to take to the dance, you need to remember that God picked you before you were even born. He knew you and loved you from the very beginning, and He has prepared a special place for you to spend with Him for all eternity. He loved you so much that He sacrificed His Son for you.”

"I've never really looked at it that way before," Shonda said.

“You are a precious gem, Shonda. And gems are not easy to find unless you have a trained eye. Most boys look for the wrong qualities in a girl, but you are incredibly important to God and to your family.”

Shonda smiled and hugged her mom.

Scripture Discussion

Paul wrote this letter to the Ephesian church while he was in prison. Paul wrote this letter in order to explain what a blessing it was to be adopted in Christ. God chose us before the foundation of the world! We are favored, not because of our works, but because of His grace. We have hope in our relationship with Christ and His return again. God has sealed our salvation by the power of the Holy Spirit, and eternity with Him is our inheritance. That's amazing! In today's story, Shonda wasn't feeling very loved. In fact, she felt rejected because she wasn't asked to the Winter Formal. The world's rejection can hurt and cause us to lose perspective. Our value is not in the acceptance of man, but our value is found in the redemptive work of Jesus' death and resurrection. What an incredible blessing!

NOTES

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Spiritual Blessings in Jesus Christ

Bible Background • EPHESIANS 1

Printed Text • EPHESIANS 1:3–14 | Devotional Reading • PSALM 33:8–12

Aim for Change

By the end of the lesson, we will: UNDERSTAND Paul's explanation of being adopted by God through Jesus Christ; EXPRESS humility at God's affirmation of our worthiness; and PRAISE God for the remarkable gift of His adoption of us through Jesus Christ.

In Focus

After six years of marriage and almost as many years of infertility, Regina and Aaron had not been able to conceive the child they desperately longed for. They decided to start the adoption process, praying God would give them a child who needed them.

Shortly after meeting with the adoption agency, Regina began having a series of dreams. Every night for months, she dreamed of a small girl with a tiny birthmark on the side of her cheek. Regina would run to the child, reaching out her arms, but the child would cry and push her away. She was deeply troubled and shared the dream with Aaron.

"Honey, I think God has a child for us," Aaron said. "Maybe it's just not the right time."

Regina and Aaron kept praying. One night, Regina dreamed about the child again. This time, the child reached out to her and smiled. When Regina woke up, she knew that God was answering her many prayers.

Finally, after years of eager and hopeful prayer, Regina and Aaron signed adoption papers, welcoming 4-year-old Joy, who happened to have a tiny birthmark on the side of her cheek, into their family.

This week, we will see how God provided a way to adopt us into His family—redemption through His Son, Jesus Christ.

Keep in Mind

"Having predestinated us unto the adoption of children by Jesus Christ to himself, according to the good pleasure of his will, To the praise of the glory of his grace, wherein he hath made us accepted in the beloved."

(Ephesians 1:5–6, KJV)

Focal Verses

KJV **Ephesians 1:3** Blessed be the God and Father of our Lord Jesus Christ, who hath blessed us with all spiritual blessings in heavenly places in Christ:

4 According as he hath chosen us in him before the foundation of the world, that we should be holy and without blame before him in love:

5 Having predestinated us unto the adoption of children by Jesus Christ to himself, according to the good pleasure of his will,

6 To the praise of the glory of his grace, wherein he hath made us accepted in the beloved.

7 In whom we have redemption through his blood, the forgiveness of sins, according to the riches of his grace;

8 Wherein he hath abounded toward us in all wisdom and prudence;

9 Having made known unto us the mystery of his will, according to his good pleasure which he hath purposed in himself:

10 That in the dispensation of the fulness of times he might gather together in one all things in Christ, both which are in heaven, and which are on earth; even in him:

11 In whom also we have obtained an inheritance, being predestinated according to the purpose of him who worketh all things after the counsel of his own will:

12 That we should be to the praise of his glory, who first trusted in Christ.

13 In whom ye also trusted, after that ye heard the word of truth, the gospel of your salvation: in whom also after that ye believed, ye were sealed with that holy Spirit of promise,

14 Which is the earnest of our inheritance until the redemption of the purchased possession, unto the praise of his glory.

The People, Places, and Times

The Book of Ephesians. Paul wrote the book of Ephesians while he was imprisoned (see Ephesians 3:1; 4:1; 6:20), perhaps while jailed in Rome. Most scholars agree that Ephesians was written for a wider readership than just the church at Ephesus and was probably circulated among many churches in the Roman province of Asia, where Ephesus was located.

Background

In the original Greek text, the 12 verses of Ephesians 1:3–14 were a single sentence. This is one of the most joyful and profound passages in the Bible. Like an anthem of praise, it celebrates God's eternal and glorious plan of redemption. It is broken into three stanzas, each beginning or ending with the phrase "to the praise of his

glorious grace" (Ephesians 1:6, NIV) or "for" or "to the praise of his glory" (1:12, 14, NIV).

This passage examines the plan of redemption from a triune perspective: The first stanza (1:3–6) praises the Father for choosing to redeem us from our sin; the second highlights Jesus as the Redeemer (1:7–12); and the third stanza (1:13–14) reveals the Holy Spirit as the living, divine presence to the church and the world.

In these verses, the vast plan of redemption is revealed from eternity before creation to the time of its future completion at the time of Christ's Second Advent. The focus of redemption is always Christ, and the phrase "in Christ" or "in him" occurs repeatedly throughout this passage. In fact, this expression is the key phrase of this entire epistle, or letter.

At-A-Glance

1. God Blessed Us (Ephesians 1:3–6)
2. Jesus Christ Redeemed Us (vv. 7–12)
3. The Holy Spirit Sealed Our Salvation (vv. 13–14)

In Depth

1. God Blessed Us (Ephesians 1:3–6)

Paul begins this passage with joyful praise to God the Father for His plan of redemption, and He blesses Him for the blessing of Christ Jesus. Because of Christ's redemptive work, believers are beneficiaries of all the spiritual blessings of the "heavenly realms" (v. 3, NIV). These spiritual blessings come from living and abiding "in Christ." Verse 4 tells us of the first blessing: We are chosen to be holy and blameless. God did not choose us because we are holy and blameless, but He chose us so that we might become holy and blameless. Consider the implications: When we accept Christ as our Savior and Redeemer, we are accepting God's offer to make us holy and blameless. He is promising to take us unworthy sinners and make us into His very own children. And we are not only joining the family, but we are also gaining all the rights and privileges that come with the position.

In addition, we were predestined, or chosen ahead of time, to become God's children and be freely given the gift of His glorious grace. He determined beforehand what we would become or do. Some of these plans are listed in this passage of Scripture. He decided His people would be holy and blameless (v. 4), adopted as His sons and daughters (v. 5), redeemed (v. 7), for the praise of His glory (vv. 11-12), recipients of the Holy Spirit (v. 13), and given an inheritance (v. 14). Verse 6 says God has freely provided for us all these blessings by His grace and through Christ Jesus. It's up to us to accept them.

2. Jesus Christ Redeemed Us (vv. 7–12)

This second stanza of Paul's hymn highlights the wonder of God's grace revealed in the life and death of Jesus Christ. God takes sin very seriously, and it is only because of Christ's sacrifice on our behalf that we can be forgiven. But God does not forgive grudgingly. Rather, He forgives us "according to the riches of His grace" (v. 7, NKJV). God "lavished on us" His grace and forgiveness (v. 8, NIV). Just as parents love their children, God loves us. He not only adopts us into His family, but He does so in generosity and abundance.

God also promises that one day His plan for humankind will be fully accomplished. At the right time, the culmination of God's plan will come to pass, and all will be brought together under the Lordship of Jesus Christ (v. 10). In these confusing and fearful times, it is comforting to know that there will come a time when everything comes into right relationship under the leadership of Jesus.

3. The Holy Spirit Sealed Our Salvation (vv. 13–14)

In ancient times, a seal denoted ownership. In this last stanza of Paul's theological hymn, he speaks of the Holy Spirit's role in our redemption. The Holy Spirit "seals" the deal. When God adopts us into His family, He gives us the Holy Spirit as evidence that we are truly His sons and daughters (Romans 8:9) with all rights and responsibilities. The Holy Spirit is also a promise of greater things to come—when God's entire plan is accomplished, and our full redemption is realized. On that great day, when all is fulfilled, the family of God will truly be "unto the praise of his glory" (Ephesians 1:14).

Search the Scriptures

1. When and why did God choose us to become part of His family (Ephesians 1:4)?
2. How do we obtain redemption (v. 7)?

3. What role does the Holy Spirit fulfill in the redemption plan for believers (vv. 13–14)?

Discuss the Meaning

1. What are some of the benefits of being a part of God's family?
2. How do we know we are part of God's family?

Liberating Lesson

People long for connection—a place to belong. Some search for relationships at work, at the gym, or online. Others hope for a sense of belonging within their own family. Still others move from relationship to relationship without ever really feeling loved or accepted anywhere. As believers, we can offer others meaningful relationships within the body of Christ. In fact, it is usually through relationships that we are able to lovingly invite others to join us in the family of God.

Application for Activation

Many people don't have a clear understanding of sin. If people do not have a clear grasp of what sin is, then they don't know that they need repentance and redemption. As believers, so that others may join us in the family of God, we must clearly point the way to the Cross. God loves every person in the world and wants him or her to join His family. It's our mandated duty to extend the invitation.

Follow the Spirit

What God wants me to do:

Remember Your Thoughts

Special insights I have learned:

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- New Testament Greek Lexicon. Bible Study Tools.com. <http://www.biblestudytools.com/lexicons/greek/> (accessed October 11, 2011).
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Say It Correctly

Ephesians. ih-FEE-zhuns.
Predestinated. pre-DES-tuh-nay-ted.
Dispensation. dis-puhn-SEY-shuhn.

Daily Bible Readings

MONDAY

Blessed by God's Forgiveness
(Psalm 32:1–7)

TUESDAY

Blessed by Being Chosen
(Psalm 33:8–12)

WEDNESDAY

Blessed by God's Gift of Grace
(1 Corinthians 1:4–9)

THURSDAY

Blessed by God's Revelation
(Daniel 2:17–23)

FRIDAY

Blessed by the Word of Truth
(Colossians 1:3–8)

SATURDAY

Blessed by God's Redemption
(Luke 1:67–79)

SUNDAY

God Has Blessed Us
(Ephesians 1:3–14)

Notes

SAME TEAM

ONE IN JESUS CHRIST

LESSON AIM:

By the end of the lesson, teens will:

(1) compare the spiritual state of the Jews and Gentiles before Christ; (2) inspect the reasons why the church was divided; and (3) measure the state of the church today and strategize constructive ways for reconciliation.

MATERIALS NEEDED

Bible, student magazines, pencils or pens, 12 rolls of toilet paper, and five boxes of toothpicks

OPEN THE LESSON

Divide the class into three groups. Give each group a different task from this list: untangle a human knot, create human mummies, and build toothpick towers. Group one must stand in a circle and grab the hand of two individuals across from them. Then they must untangle themselves without letting go of each other's hands. Group two must pick two individuals and wrap them in toilet paper from head to toe. Group three must have each member build a toothpick tower at least one inch tall. Make it clear that this activity is a race.

While the groups are performing their challenges, select one of the mummified members from Group two to change to another group. This means Group two will need to mummify another member. Have a member from Group one switch with another group. This will result in Group one having to unlock hands and start over. Have a member of Group three take apart their tower and join a different group. After switching the groups a few times, have everyone return to their seats. Ask the students how they felt when they had to switch teams or when new members joined theirs. Most of them probably felt frustrated, uncertain, and confused.

Ask your students to give examples of people who were divided in some way but came together and were united. Examples can be from history, current events, books, movies, etc. Discuss these examples and how people reacted to their new situations.

PRESENT THE SCRIPTURES

The theme in this week's Scripture passage is unity and reconciliation through Christ. The relationship between Jews and Gentiles was hostile, but in Christ, they learned how to unify. These two groups that clashed for generations were now united through the blood of Christ. Paul emphasizes their spiritual status before Christ. The Gentiles had no God, while the Jews relished in their physical distinctions as means of superiority. Paul continues to admonish the Jews' reliance in the Law as a means of salvation. Both groups needed a savior. For both the Jews and the Gentiles, salvation could only be obtained through Christ, who removed the veil and allowed all to access Him. Therefore, no one had a right to boast because they were both citizens, members of God's household. This revolutionary message was a powerful example of God's love for all people. In Christ, we are one.

EXPLORE THE MEANING

Have the students read out loud and discuss the story "Same Team," the Scripture passages, and the Scripture Discussion. Then, have them

answer the questions in the Check It and Think It sections and discuss any questions they may have about the passage. In today's story, Alexander and Marcus were competing against each other, even though they were on the same team. How are Alexander and Marcus like the Jews and the Gentiles?

NEXT STEPS FOR APPLICATION

Today's passage is about unity in Christ. Tell your students to think about their relationships with others. Are they currently fighting with someone? Is there someone they have to work with but don't really enjoy being around? This week, challenge them to try to work out their differences with someone they've been arguing with.

WORSHIP GUIDE

For the Superintendent or Teacher

Theme: One in Jesus Christ

Theme Song: "Jesus, United by Thy Grace"

Scripture: Ephesians 2:11–22

Song: "One in Christ"

Prayer: Use Lesson Aim.

FROM THE STUDENT MAGAZINE

Same Team

Alexander was the team's starting point guard and the school's all-time leading scorer. There were tryouts every year, but Alexander wasn't worried.

But then Alexander heard some of his friends talking about a new student—a transfer named Marcus who also played point guard. Word spread throughout the school that Marcus was also an excellent point guard, and he was bigger and more rugged than Alexander.

On the day of tryouts, Alexander was nervous. His spot in the starting lineup was being threatened, and he needed to defend it. Both Alexander and Marcus battled and pushed themselves during the week of tryouts, and both players successfully made the

team. But there was only one starting spot for point guard.

After an intense practice, Alexander confronted Marcus in the locker room. "You might as well give it up, man. That starting spot is mine."

Marcus crossed his arms and replied, "Is that a fact? I don't know who lied to you, but the only spot where you'll be starting—and staying—is on the bench."

Alexander shoved Marcus against the lockers, and Marcus pushed back. Coach Thompson intervened and pulled the two boys apart.

"You two need to leave your egos at the door and quit fighting," Coach Thompson said. "We are a team. You are both members of a team. Start acting like it, or you'll be finished before the season even starts."

Scripture Discussion

In today's Scripture passage, Paul discusses how Jews and Gentiles were now united through the blood and sacrifice of Jesus Christ. The Gentiles were considered separated from the Old Covenant. In contrast, the Jews recognized their status and put their hope in their physical distinctions as well as their hope in the Law. Paul humbled both groups, and their need for a savior was revealed. Christ was the means for salvation for both the Jew and the Gentile. They were now one in the Spirit and one in the Lord. They were to have peace amongst each other and love one another because they were all part of the family of Christ.

Alexander and Marcus faced a similar situation in today's story. They both came from two different basketball teams but then found themselves competing on the same team together. This tense situation created conflict between the two boys. They forgot that they were supposed to work together to achieve the same goals. Their selfishness and lack of love toward one another not only affected them, but the entire team.

One in Jesus Christ

Bible Background • EPHESIANS 2-3

Printed Text • EPHESIANS 2:11-22 | Devotional Reading • EPHESIANS 3:14-21

Aim for Change

By the end of the lesson, we will UNDERSTAND Paul's explanation of Jews and Gentiles becoming one in Christ; EXPRESS pain and sorrow over the divisions within Christ's church and joy when divisions are broken down; and BECOME acquainted with church-unifying and church-dividing issues in order to devise strategies for addressing them.

In Focus

Marcus and Felicia held such high hopes when they married, but they could never have known that blending two families would be so difficult. Felicia's children from a previous relationship were crazy about Marcus, but they seemed to resent the things he did for his children during their weekend visits. Felicia felt that Marcus probably was doing too much for them, trying to make up for not being with them all the time.

Last weekend was the worst. Marcus and Felicia had to referee what was about to become World War III. Their two daughters were arguing about what to watch on the big-screen television. Felicia's daughter, Katrina, screamed at Marcus's daughter, Akira, "I don't care what you want! You're not really a part of this family, anyway. Your daddy lives with me!"

Marcus and Felicia had to explain to their children that, even though Marcus's children weren't there all the time, they were both an equal and important part of their family.

Christians often have similar problems with diverse members coming together as one. What are some of the divisions in the Christian church today? In today's lesson, Paul tackles the problem of division between the Jews and Gentiles in the Ephesian congregation.

Keep in Mind

"In whom all the building fitly framed together groweth unto an holy temple in the Lord"
(Ephesians 2:21, KJV).

Focal Verses

KJV Ephesians 2:11 Wherefore remember, that ye being in time past Gentiles in the flesh, who are called Uncircumcision by that which is called the Circumcision in the flesh made by hands;

12 That at that time ye were without Christ, being aliens from the commonwealth of Israel, and strangers from the covenants of promise, having no hope, and without God in the world:

13 But now in Christ Jesus ye who sometimes were far off are made nigh by the blood of Christ.

14 For he is our peace, who hath made both one, and hath broken down the middle wall of partition between us;

15 Having abolished in his flesh the enmity, even the law of commandments contained in ordinances; for to make in himself of twain one new man, so making peace;

16 And that he might reconcile both unto God in one body by the cross, having slain the enmity thereby:

17 And came and preached peace to you which were afar off, and to them that were nigh.

18 For through him we both have access by one Spirit unto the Father.

19 Now therefore ye are no more strangers and foreigners, but fellow citizens with the saints, and of the household of God;

20 And are built upon the foundation of the apostles and prophets, Jesus Christ himself being the chief corner stone;

21 In whom all the building fitly framed together groweth unto an holy temple in the Lord:

22 In whom ye also are builded together for an habitation of God through the Spirit.

The People, Places, and Times

The Temple. The Temple at Jerusalem was made up of many courts. Paul focuses on the outer court, but there were four different ones. The outer court was where the Gentiles had to stay. A lot of money exchanging or selling took place in the outer court. Next, there was the court of the Jewish women. The women could only go as far as this court. Next is the court of the Israelites where the Israelite men would go and offer sacrifices. The inner court is called the “Holy of Holies.” No one could go into that court except the high priest; even he could go in only once a year. Before he could enter, he had to undergo a cleansing ritual. The Holy of Holies is the place where God dwelled, separated from the rest of the temple by a curtain. The Gospels report that when Jesus was crucified, the curtain was torn.

Circumcision. It is the act of removing the foreskin of the male sex organ. In ancient Israel, this act was performed as a ritual on children, natives, servants, and outsiders on the eighth day after birth. In the Jewish faith, it was an external symbol of one’s total and complete allegiance and devotion to Yahweh. Controversy arose in the early church over the circumcision of Gentile converts (Acts 15:13–18). During the A.D. first century, Jews frowned upon non-circumcision among Christians. Apostle Paul played a crucial role in settling the dispute. He determined that physical circumcision was not essential to Christian faith and fellowship. Circumcision of the heart through repentance and faith were the only requirements of the faith for non-Jewish Christians.

Background

Many barriers divided the Jews and the Gentiles in the ancient world. Paul devotes much of his attention in this portion of the letter to the essential oneness of the church. For Jews and Gentiles alike, Paul explained that keeping the law was not a requirement for salvation. Christ is the fulfillment of the law, making it complete. (Salvation cannot be earned through strict adherence to the law or by works. Nevertheless, we are not absolved of our responsibility to do what is right. Salvation by grace through faith does lead to good works; thus, no one had the right to boast about personal goodness.) There was no need for Jews and Gentiles to be divided based on Mosaic Law. Christ became and remains the peace of all believers. Therefore, there is no need for division and discord. By lessening the significance of ethnic and cultural identity, both Jews and Gentiles gained something far better and greater.

circumcision was by human effort and therefore merely a physical act. What was really important, he told them, was circumcision of the heart.

While the Jews held on to a false sense of superiority about their status as the chosen, the Gentiles were without a savior altogether. The Messiah was promised to the Jews, even though Isaiah foretold that the blessing would flow to all nations. Christ was sent, “unto the lost sheep of the house of Israel” (Matthew 15:24). The Gentiles were “aliens from the commonwealth of Israel” (Ephesians 2:12). They did not belong among God’s chosen. They were strangers to His promise considering all of God’s covenants had promised blessings to the Jews. For all practical purposes, the Gentiles stood on the outside looking in without hope. But because of God’s love, the former establishment was done away with. When the Gentiles receive Jesus Christ as Lord and Savior, God places them in Christ and accepts them through Him. Jesus Christ has broken down the barriers that separate all people.

At-A-Glance

1. The Gentile’s Status (Ephesians 2:11–13)
2. Jews and Gentiles Together (vv. 14–18)
3. One Church, One Foundation (vv. 19–22)

In Depth

1. The Gentile’s Status (Ephesians 2:11–13)

Paul reminds his readers that before they were converted, they were Gentiles by birth and therefore considered outcasts by the Jews. The Jews despised them, as indicated by the fact that they were called the Uncircumcision. The Jews regarded their circumcised state with snobbery, as this signified that they were God’s chosen people. They referred to themselves as the Circumcision. Paul corrects their sense of superiority by clearly stating that their

2. Jews and Gentiles Together (vv. 14–18)

In the first part of chapter two, Paul traces the salvation of both Jews and Gentiles. The two groups held different perceptions of what it means to be saved. Here, Paul moves forward to dissolve their nationalistic and cultural biases to affirm unity in Christ and explain the necessity for unity. Through His shed blood, Christ broke down “the middle wall of partition between us” (v. 14). The barriers that divided Jews and Gentiles are now gone. Where there were two, there is now one. There is but one Christ for both the mighty and powerful and the lowly and powerless. For every race and culture, there is only one savior.

Paul describes Christ as our peace. When Christ came to us, He “preached peace” to those near and far (v. 17). In this instance, those who were near were the Jews. They had already

received a promise. Those who were afar were the Gentiles, those who had no covenant with God; they held no assurance of His presence or promise. This being the case, it is not difficult to understand why the Jews held a certain snobbery concerning their status as God's chosen people. Peace was needed to unify two groups that were alienated from each other. As our peace, Christ has created a new people, free from the limitations of imposed human boundaries such as culture, race, gender, education, social, or economic standing. All believers now have access to the presence of God at any time. This was in stark contrast to the Old Testament, when only the High Priest could go into the Holy of Holies, the place where God dwelled.

3. One Church, One Foundation (vv. 19–22)

Paul often uses the words “now therefore” when making a conclusion (see v. 19). He concludes that the Gentiles were in no way inferior to the Jews. Christ did away with all of that. The apostle lists some of the many great benefits available to all believing Gentiles, as they are no longer strangers and foreigners. Never again will they be looked upon as less than others or as outsiders. Now they are fellow citizens and equal heirs to the inheritance. Christians of Jewish ancestries have no advantage over the believing Gentiles. All believers are first-class citizens in the kingdom of heaven.

As they are now a part of the Church, they have become stones, or building blocks, in the construction of a holy temple. This new temple will also have a foundation, with Christ as the “chief corner stone” that bonds the temple together. This new Temple, the Church, is built upon the apostles and prophets of the New Testament. The apostles and prophets are not the foundation; Christ is the foundation. The foundation was laid in what the apostles and prophets taught about the Person and work of Jesus Christ. Christ is more than the

foundation of the Church, however; He is also the chief cornerstone, joining the two walls that were once separated: Jews and Gentiles. In this new temple that Christ has created, everyone will have an equal place. When Jesus created a new covenant between God and humankind, He made a new people of God, one body—the Church.

Search the Scriptures

1. What were the Gentiles called (Ephesians 2:11)?
2. How did the Jews refer to themselves (v. 11)?
3. What barrier did Christ break down (v. 14)?

Discuss the Meaning

Because it is our responsibility to care for the Church of Christ and to continue to bring new stones, in what ways have we neglected our duties, both to the universal Church and in the local church?

Liberating Lesson

Some believers are determined to create cultural, racial, and ethnic barriers within the church. Many arguments and divisions have arisen over doctrinal issues. Some have attacked others as being unsaved for not adhering to certain standards. All believers should be careful to avoid ostracizing others. We should also be mindful of how what we do based on our preferences creates division. Christ desires that we engage ourselves in activities that draw us closer to Him and to one another.

Application for Activation

Think about who you are to people in your home, in your church, at your job, and in the community. Why is it important that you have good standing in all of these areas? How do you

devote yourself equally to maintaining your role as a follower of Christ (not merely a church member)? How do you try to hold yourself responsible to do what Christ desires of you? Think of at least one action or step you can take to show that it is important to you to continue to live as a disciple “in good standing.”

Follow the Spirit

What God wants me to do:

Remember Your Thoughts

Special insights I have learned:

Sources:

Butler, Trent, ed. *Holman Bible Dictionary*. Nashville, TN: Holman Bible Publishers, 1991.

McCalep, George O. *Growing Up to the Head*. Lithonia, GA: Orman Press, 1997.

New Testament Greek Lexicon. Bible Study Tools.com. <http://www.biblestudytools.com/lexicons/greek/> (accessed October 18, 2011).

Say It Correctly

Circumcision. sir-kuhm-**SIZH**-uhn.

Enmity. EN-mi-tee.

Daily Bible Readings

MONDAY

Reviving the Humble and the Contrite
(Isaiah 57:14–19)

TUESDAY

Building on the True Foundation
(1 Corinthians 3:10–16)

WEDNESDAY

Sharing in the Promise
(Ephesians 3:1–6)

THURSDAY

Making Known the Wisdom of God
(Ephesians 3:7–13)

FRIDAY

Praying for Spiritual Power
(Ephesians 3:14–21)

SATURDAY

Discovering the Gift of Salvation
(Ephesians 2:1–10)

SUNDAY

Discovering Our Oneness in Christ
(Ephesians 2:11–22)